

# **START HERE**

## **St. Louis Area Resource Directory**

**JANUARY 2014**

Produced by  
INSIDE DHARMA,  
a Buddhist outreach program.  
For information, visit  
[www.INSIDEdharma.net](http://www.INSIDEdharma.net)

**ST. LOUIS, MISSOURI**

**The Start Here St. Louis Area Resource Directory and its corresponding website are produced by Inside Dharma,** a Buddhist outreach program that works with individuals both inside and outside of state correctional institutions, and provides services to homeless persons in the St. Louis area.

This Directory gathers into one place many of the resources and services that are available throughout the metropolitan area. In addition to addresses and phone numbers, we've provided the website address for most these organizations. Looking at an agency's website will provide more information about the place before you call them or go there.

**[www.StartHereSTL.org](http://www.StartHereSTL.org)**

**Visit the Start Here website for more information about the organizations listed as well as additional updated listings.**

**PUBLIC LIBRARIES  
provide computers and computer labs that give  
immediate access to the internet.**

**JANUARY 2014  
St. Louis, Missouri**

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# HOTLINES & WEBSITES

Alcoholics Anonymous (AA) .....	314-647-3677
ALIVE-Domestic Violence .....	314-993-2777
Cocaine Anonymous (CA).....	314-361-3500
Covenant House Youth Hotline .....	800-999-9999
Crisis Nursery Emergency Care for Children .....	314-768-3201
Epworth Street Outreach (YES).....	314-727-6294
GED Hotline .....	800-626-9433
Life Crisis Suicide Hotline.....	314-647-4357
MO Child Abuse and Neglect.....	800-392-3738
Narcotics Anonymous (NA) .....	314-830-3232
Runaway Switchboard.....	800-621-4000
Safe Connections-Domestic Violence .....	314-531-2003
Women's Safe House.....	314-772-8952
Youth In Need Hotline .....	636-946-3771

## **2-1-1 (Operated by United Way 24/7)**

**www.211.org** Alt. Number: **800-427-4626**

Counseling, education, employment, utility assistance, etc. Mainly referrals. Includes information on weather shelters.

## **AFFORDABLE CARE ACT HEALTH INSURANCE (Obamacare)**

**www.HealthCare.gov**

## **MISSOURI HEALTH CARE MARKETPLACE**

**www.EnrollMissouri.org** 24-Hour Hotline: **800-318-2596**

Hotline handles consumer questions and starts the process. The EnrollMissouri website is a portal to HealthCare.gov website.

## **COVER MISSOURI (The Health Insurance Marketplace)**

**www.covermissouri.org** **800-318-2596**

A project of the Missouri Foundation for Health (MFH) to promote quality, affordable health coverage for every Missourian.

## **AID TO VICTIMS OF CRIME**

Hotline: **314-652-3623**

## **BEHAVIORAL HEALTH RESPONSE**

**www.bhrstl.org**

24-hour Mental Health Crisis Line: **314-469-6644** or **800-811-4760**

## **CALL FOR HELP, INC.**

**www.callforhelpinc.org** **618-397-0968**

Comprehensive crisis and other services in Metro East. The phone is only answered between 8:00 am-5:00 pm.

## **CHILD ABUSE AND NEGLECT HOTLINES**

**800-392-3738 (inside MO) or 573-751-3448 (outside MO)**

## **CHILD SUPPORT HOTLINE**

**800-859-7999**

## **HOMELESS HOTLINE (KANSAS CITY AREA)**

**816-474-4599**

## **HOUSING RESOURCE CENTER**

**314-802-5444**

## **HUNGER HOTLINE**

**Operation Food Search: 314-726-5355 Ext. 3**

This organization provides an automated list of food pantries by zip code.

## **MID-EAST AREA ON AGING**

**www.mid-eastaaa.org 636-207-0847 or 636-207-1323**

## **NATIONAL ALLIANCE FOR MENTAL HEALTH (NAMI)**

**Nation-wide Suicide Prevention**

**www.nami.org HOTLINE number: 800-273-8255**

The NAMI website provides resources and information about mental illness.

## **NATIONAL DOMESTIC VIOLENCE**

**800-799-SAFE (7233) or 800-787-3224**

## **NATIONAL SEXUAL ASSAULT**

**800-656-HOPE (4673)**

## **PARAQUAD**

**314-289-4200**

Advocacy and programs to provide independence for people with disabilities.

## **ST. LOUIS CITY GOVERNMENT WEBSITE**

**www.stlouis-mo.gov**

## **ST. LOUIS COUNTY GOVERNMENT WEBSITE**

**www.caastlc.org**

## **ST. LOUIS YOUTH CONNECTION**

**www.youthinneed.org**

**24 hour Help line: 314-628-2929 or 877-928-2929 Text: 4HLP to 31658**

Outreach, emergency housing, mental health and more.

## **www.HomelessShelterDirectory.org**

A website for shelters and resources in out-state Missouri.

Many of the organizations listed here receive grants and federal funds. They are mandated to provide services and assistance, so take your time going through the book, read the requirements and make use of what they have to offer.

### **AFFORDABLE CARE ACT (Obamacare)**

**[www.HealthCare.gov](http://www.HealthCare.gov). and [www.EnrollMissouri.org](http://www.EnrollMissouri.org) 800-318-2596. This is a 24-hour hotline that handles consumers' questions.**

The Missouri website **[www.enrollmissouri.org](http://www.enrollmissouri.org)** is essentially a portal for **[www.HealthCare.gov](http://www.HealthCare.gov)**. There is some extra information at the Missouri website, so it might be useful for individuals to start here.

### **HOUSING RESOURCE CENTER**

**800 North Tucker 63101  
314-802-5444**

Most (but not all) of the shelters and transitional housing locations in both the city and county will say you need to be referred by the Housing Resource Center, (HRC) so you can save yourself some time by calling the above number or visiting their downtown location first. Sometimes it's helpful to be there at 8:00 am to be assigned to a shelter for that night. The Housing Resource Center is located in the same building as St. Patrick Center but they are separate agencies.

### **PEOPLE'S COMMUNITY ACTION CORPORATION**

**An Affiliate of Betty Jean Kerr People's Health Centers**

**[www.pcacstl.org](http://www.pcacstl.org) Below are the main locations:**

Central City Office: 2012 Martin Luther King Dr. 63106 314-269-5210

Cook Elementary School: 5935 Horton Pl. 63112 314-862-6270

6827 S. Broadway (at Longborough Ave.) 63111 314-353-1457

### **THE ST. LOUIS INTEGRATED HEALTH NETWORK**

**1520 Market Street, Suite 4034 63103-2625 [www.stlouisihn.org](http://www.stlouisihn.org)**

A network of community health centers, staffed by quality physicians from top medical institutions. Check the website above for more information. Or contact any of the locations below. A referral is not required. They accept walk-ins.

**Betty Jean Kerr People's Health Centers: [www.phcenters.org](http://www.phcenters.org)**

Central Health Center: 5701 Delmar Blvd. St. Louis 63112 314-367-7848

North Health Center: 11642 W. Florissant Ave. Florissant 63033 314-838-8220

West Health Center: 7200 Manchester Ave. Maplewood 63143 314-781-9162

**Crider Health Center: [www.cridercenter.org](http://www.cridercenter.org)**

St. Charles: 546 First Capital Drive, Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway, 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000

**Family Care Health Centers: [www.fchcstl.org](http://www.fchcstl.org)**

Carondelet: 401 Holly Hills Ave. St. Louis 63111 314-353-5190

Forest Park: Southeast 4352 Manchester Ave. St. Louis 63110 314- 531-5444

**Grace Hill Health Centers Inc. [www.gracehill.org](http://www.gracehill.org)**

Murphy O'Fallon: 1717 Biddle St. 63106 314-814-8700

Soulard Benton: 2220 Lemp Ave. St. 63104 314-814-8700

South 3930 S. Broadway St. Louis 63118 314-814-8700

Water Tower 4414 N Florissant Ave. 63107 314-814-8700

**Mrytle Hilliard Davis Comprehensive Health Centers [www.mhdchc.org](http://www.mhdchc.org)**

Comprehensive: 5471 Dr. Martin Luther King Dr. St. 63112 314-367-5820

Florence Hill: 5541 Riverview Blvd. St. 63120 314-389-4566

Homer G. Phillips: 2425 N. Whittier St. 63113 314-371-3100

**SAINT LOUIS COUNTY DEPARTMENT OF HEALTH**

**[www.stlouisco.com](http://www.stlouisco.com)**

Many locations and resources. Go to the County website and click on the tab Health & Wellness.

**ST. PATRICK CENTER**

**800 North Tucker 63101**

**[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700**

The St. Patrick Partnership Center is a one-stop location downtown that offers more than 25 programs and 13 partner organizations, all in one place. Programs include: Direct Assistance (food, clothing, utilities, hot lunches, etc.); Referrals to Shelters; Rental and Mortgage Payment Assistance; Counselling; Tutoring and GED classes; Health and Dental Care through Grace Hill; Mental Health Services; Legal Services; Day Care; Life Skills, small business development, and more. Shamrock Club provides employment training, financial counseling, 12-step and substance abuse counseling, (and dinner).

**[www.fcc.gov/lifeline](http://www.fcc.gov/lifeline)**

The website for free or discounted cell phones.

**[www.dss.mo.gov/offices](http://www.dss.mo.gov/offices)**

Information and locations for the Missouri Department of Social Services.

**HOW TO CONTACT AGENCIES AND GET RESULTS**

1. Take notes. Have paper and pencil ready when you make a call. Be ready to give a brief but complete account of what you need. Eliminate unrelated information.
2. Be ready to provide your full name and contact information such as how or where you can be reached or get messages.
3. If your inquiry involves an agency that uses an identifying case or file number, have that ready.
4. Be sure to record the name and title of people you talk to and confirm their phone numbers in your notes.
5. Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
6. Take the time to say THANK YOU to those who assist you!

# CLOTHING

## **CHAPEL FOR THE EXCEPTIONAL**

**3436 Winnebago (at Tennessee) 63118**

**314-776-7172**

Lunch/Soup kitchen: Monday-Friday 12:00 pm-12:30 pm.

Food Pantry: 2:00 pm-2:30 pm Monday and Friday when available. Call first if possible.

## **CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS**

**[www.connectionstosuccess.org](http://www.connectionstosuccess.org)**

**2125 Bissell (No street sign - In the Grace Hill building near Grand and Florissant) 63107 314-584-6887**

**3000 Little Hills Expressway St. Charles 63301 636-940-8027**

Monday-Friday 9:00 am-4:00 pm. Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated, as well as other job seekers. Grace Hill address for women only. Call to make an appointment if possible.

## **DREAM CENTER**

**4324 Margaretta Ave. 63115**

**[www.stldreamcenter.org](http://www.stldreamcenter.org) 314-381-0700**

Clothing Boutique. Distributes new and gently used clothing and accessories at no charge. Open to the public Monday, Tuesday, Wednesday, and Friday 1:00 pm-3:00 pm. Closed Thursdays.

## **GUARDIAN ANGEL/HOSEA HOUSE**

**2635 Gravois 63118**

**[www.gasastl.org](http://www.gasastl.org) 314-773-9027**

Zip codes 63104 and 63118 only. They are open every day but an appointment is needed. Call the above number to schedule times. Also food pantry.

## **ISAIAH 58 MINISTRIES**

**2149 South Grand 63104**

**314-776-1410**

Provides help with clothing and is also a food pantry. Serves area between Chouteau and Chippewa, between Jefferson and Kingshighway. Monday-Friday, 10:00 am-1:00 pm.

## **JOINT NEIGHBORHOOD MINISTRY**

**2911 McNair Ave. 63118**

**314-771-3987**

Clothing and Food Pantry Monday, Wednesday and Friday 9:30 am-noon. A nurse is available during these hours.

**KAREN HOUSE**  
**1840 Hogan 63106**  
**314-621-4052**

Every Thursday 1:00 pm-3:00 pm they offer free clothing.

**KINGDOM HOUSE**  
**1321 S. 11th St. 63104**  
**314-421-0400**

Many family support services including trips to the food pantry and thrift shop. Zip codes 63104 and 63118 only. Call first.

**NEW LIFE EVANGELISTIC CENTER**  
**1411 Locust 63103**  
**[www.newlifeevangelisticcenter.org](http://www.newlifeevangelisticcenter.org) 314-421-3020**  
Free clothing. Monday-Friday 10:00 am-noon.

**ST. AUGUSTINE'S CATHOLIC CHURCH (FATHER BOB'S)**  
**1371 Hamilton Ave. 63112**  
**[www.st-augustine-stl.org](http://www.st-augustine-stl.org) 314-385-1934**  
Food pantry and clothing Monday, Wednesday, and Friday 9:30 am-11 am.  
Matching fund utility aid starting at 6:00 am Monday, Wednesday, and Friday.  
They match \$25.

**ST. VINCENT DE PAUL CHURCH**  
**1408 South 10th St. 63104**  
**314-231-9328**  
Free clothing Tuesday noon-1:30 pm.

**ST. PATRICK CENTER**  
**800 N. Tucker 63101**  
**[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700**  
Tuesday and Thursday 1:00 pm-2:30 pm. Every second Saturday 8:00 am-noon.  
**[www.svdpstlouis.org/thrift-stores](http://www.svdpstlouis.org/thrift-stores)**

# for DADS

## **BETTER FAMILY LIFE**

**5415 Page Blvd. 63112 (Note: new location.)**

**[www.betterfamilylife.org](http://www.betterfamilylife.org) 314-367-3440**

Workforce development and many other programs offered by this long time St. Louis agency. Social, cultural, artistic, youth, economic, housing and educational programs that help to promote positive and innovative changes within the metropolitan St. Louis area. Much of BFL's programming is geared towards people who are unemployed, underemployed, disadvantaged and need skill enhancement. Numerous programs and initiatives.

## **CHILD SUPPORT HOTLINE**

**800-859-7999**

Supportive services and information, including genetic testing and updates on cases.

## **CONNECTIONS TO SUCCESS**

See page 8 for info about this outreach program for job success.

## **EMPLOYMENT CONNECTION**

**2838 Market Street 63103**

**[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)**

Pathways to responsible fatherhood. Includes parenting, economic stability and legal services. See page 12 for more information on Employment Connection.

## **THE FATHERHOOD INITIATIVE**

**1911 North Taylor 63113**

**[www.ccstl.org](http://www.ccstl.org) 314-535-0017**

For men who may or may not be fathers. An eight-week intensive program, that meets for several hours daily. Helps men learn how to engage with their children in positive ways and take on the responsibilities of fatherhood. Also includes legal services. A Catholic Charities program.

## **FATHERS SUPPORT CENTER**

**Prince Hall Family Support Center**

**4411 N. Newstead 63115**

**[www.fatherssupportcenter.org](http://www.fatherssupportcenter.org) 314-333-4170**

A comprehensive menu of programs and services for men who want to become responsible fathers. The Fathers' Support Center Legal Clinic offers legal advocacy and legal services in the areas of child support payment modifications, legal visitation, etc. Also, employment services.

**[www.fatherhood.org/insideoutdad](http://www.fatherhood.org/insideoutdad)**

A national program that works to develop strong relationships between fathers who have been incarcerated and their children. Check this website for ideas and resources.

# DROP-IN CENTERS

## **THE BRIDGE OUTREACH**

**1610 Olive St. 63103**

**www.bridgestl.org 314-421-3136**

Open hours are Monday-Thursday 6:30 am-6:00pm and Friday 6:30 am-2:00 pm. Services include three meals a day, permanent mailing address service, hygiene items, and referrals to other agencies. Birth certificates and state IDs: Tuesdays 8:00 am-12:30 pm. Also provides the use of restrooms, on-site health services, phones to make local calls, social work services, and spiritual services.

## **HORIZON CLUB (Open 24 Hours a Day)**

**202 N. 23rd St. 63103**

**314-436-1733**

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2:00 pm-3:30 pm. Substance abuse counselors are also available.

## **PLACES FOR PEOPLE WELCOME CENTER**

**4130 Lindell Blvd. 63108**

**www.placesforpeople.org 314-615-2111**

You can set up an appointment, but it is not mandatory. The Places for People Welcome Center has walk-in hours Monday-Friday 9:00 am-noon. Walk-ins will meet with an intake clinician for screening, information and referrals.

## **ST. LOUIS EMPOWERMENT CENTER**

**Depression Bipolar Support Alliance (DBSA)**

**1908 Olive St. 63103**

**www.dbsaempowerment.org 314-652-6100 Friendship Line: 866-525-1442**

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

## **THE SPOT for ages 13-24**

**4169 Laclede 63108**

**www.thespot.wustl.edu 314-535-0413**

A drop-in center with computers, medical care, HIV testing, showers, laundry, and more. Open 1:00 pm-5:00 pm weekdays.

## **WOMAN'S PLACE**

**www.womansplacestl.org**

**8300 Morganford 63123 (in the back of St. Mark Church) 314-645-4848**

Monday-Friday 10:00 am-5:00 pm.

**4116 McClay 63304 St. Charles 636-373-7911**

Monday-Thursday. Call for times.

# EMPLOYMENT & TRAINING

Below are agencies and organizations that assist individuals who may be encountering obstacles to employment. Many of these organizations receive funding to help people find jobs, so make use of what they have to offer.

## **AMERICORPS**

**1315 Ann Ave. 63104**

**[www.americorps-stl.org](http://www.americorps-stl.org) 314-772-9002**

Year-round recruitment for people to work in education and disaster relief. Call for more details.

## **CRAIGSLIST**

**[www.craigslist.org](http://www.craigslist.org)**

Website only. Look for St. Louis, and see the many jobs that are listed there. They also list housing, items for sale, and other services.

## **EMPLOYMENT CONNECTION**

**2838 Market Street 63103**

**[www.employmentstl.org](http://www.employmentstl.org) 314-333-JOBS (5627)**

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday 9:00 am-3:30 pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

## **GREAT HIRES**

**[www.greathires.org](http://www.greathires.org)**

The official workforce resource website for the State of Missouri. Extensive job listings.

## **JOB CORPS CENTER**

**4333 Goodfellow Boulevard 63120**

**[www.stlouis.jobcorps.gov](http://www.stlouis.jobcorps.gov) 314/679-6200**

Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that provides career technical and academic training for ages 16 through 24.

## **KINGDOM HOUSE**

**1321 South 11th Street 63104**

**[www.kingdomhouse.org](http://www.kingdomhouse.org) 314-421-0400**

A variety of programs and classes, including job readiness, GED, ESOL.

## **MERS GOODWILL INDUSTRIES**

**1727 Locust St. 63103**

**[www.mersgoodwill.org](http://www.mersgoodwill.org) 314-241-1133**

Many programs and locations, including services for veterans. Juvenile Justice helps youth in juvenile detention centers find employment and obtain a GED.

## **METROPOLITAN EDUCATION & TRAINING CENTER (METC)**

**6347 Plymouth Ave. 63133**

**[www.metcenterstl.com](http://www.metcenterstl.com) 314-746-0700**

Accessible job training, placement, assessment, career development services and transportation services.

## **MISSOURI DEPT. OF LABOR AND INDUSTRIAL RELATIONS**

**[www.dolir.mo.gov](http://www.dolir.mo.gov) 573-751-9691**

Information about wages, unemployment compensation, etc. and a good source for potential employers looking for incentives to hire individuals with criminal histories.

## **MISSOURI RE-ENTRY PROGRAM (MRP)**

**[www.worksmart.ded.mo.gov](http://www.worksmart.ded.mo.gov) 573-526-1664**

## **MORE THAN CARPENTRY**

**1259 Stephen Jones Ave. 63133**

**[www.morethancarpentry.org](http://www.morethancarpentry.org) 314-862-0515**

Learn the trade of cabinet making, including furniture and millwork through carpentry education and apprenticeship training. Call or visit website for additional information.

## **NEAR SOUTHSIDE EMPLOYMENT COALITION**

**2649 Pestalozzi St. 63118**

**[www.nsecworks.org](http://www.nsecworks.org) 314-865-4453**

Training and job placement services. History of working successfully with ex-offenders. Develop computer skills and interviewing.

## **REDEVELOPMENT OPPORTUNITIES FOR WOMEN (ROW)**

**[www.row-stl.org](http://www.row-stl.org)**

**City Office: 306 North Tucker 63101 314-588-8300**

**County Office: 2709 Woodson Road 63114 314-863-0236**

ROW focuses on economic independence and employment opportunities. Rent and utility assistance, as well as a variety of support services. Also, employment assistance and access to continued vocational education; child care and transportation assistance; and access to a savings program, through an Individual Development Account.

**SLATE MISSOURI CAREER CENTER (SLATE MCC)**

[www.stlworks.com](http://www.stlworks.com)

Provides training and job placement services to the St. Louis City's adult workforce. **See below for career center locations and phone numbers.**

**ST. LOUIS CITY - SLATE CAREER CENTER**

1520 Market Street Room 3050 63103 314-589-8000

**ST. LOUIS CITY - CENTRAL CAREER CENTER**

4811 Delmar Blvd. 63108 314-877-0916

**ST. LOUIS COUNTY - NORTH OAKS CAREER CENTER**

26 North Oaks Plaza 63121 314-381-6700

**ST. LOUIS COUNTY - FLORISSANT CAREER CENTER**

4040 Seven Hill Dr., Suite 166 Florissant 63033 314-475-7900

**ARNOLD CAREER CENTER**

3675 West Outer Rd., Suite 102 Arnold 63010 636-287-8909

**ST. CHARLES CAREER CENTER**

212 Turner Blvd. St. Peters 63376 636-255-6060

**WASHINGTON CAREER CENTER**

1108 Washington Square Shopping Center, Washington 63090  
636-239-6703

**TEMPORARY AGENCIES**

There are too many to list here, but temporary agencies can be a first step toward permanent employment. Do a computer search for "temp agencies" and you'll find many to choose from. Here are a few:

**KELLY SERVICES**

1 Metropolitan Sq., #2180 63102 [www.kellyservices.com](http://www.kellyservices.com) 314-421-4111

**LABOR READY**

1811 S Broadway 63104 [www.laborready.com](http://www.laborready.com) 314-776-0600

**MANPOWER (They also work with women)**

200 N Broadway #120 63102 [www.manpower.com](http://www.manpower.com) 314-241-1356

**NEXTEMPS INDUSTRIAL STAFFING**

7390 St. Charles Rock Rd. 63133 [www.nextempsnow.com](http://www.nextempsnow.com) 314/727-1060

**UNEMPLOYMENT INSURANCE**

**314-340-4950**

Automated claim processing and information number.

## **URBAN LEAGUE**

**[www.ulstl.com](http://www.ulstl.com)**

Job Search Assistance, career counseling, job readiness training, job referrals, job development and placement, case management. Also utility assistance.

## **ST. LOUIS CITY DIVISION**

935 N. Vandeventer 63108 314-615-3600 Ext. 642

## **ST. LOUIS COUNTY DIVISION**

8960 Jennings Station Rd. 63136 314-388-9840

## **ST. CLAIR COUNTY DIVISION**

10220 Lincoln Trail Fairview Heights, IL 62208 618-274-1150

## **VOCATIONAL REHABILITATION**

**220 S Jefferson St., Room 110 63103**

**314-877-2940**

In addition to this downtown location, there are three other offices in the St. Louis area: The above website will give all of the Voc Rehab addresses throughout the state.

**[www.access-construction-metrostl.com](http://www.access-construction-metrostl.com)**

For jobs and apprenticeships in construction.

**[www.careeronestop.org](http://www.careeronestop.org)**

**[www.cap4kids.org](http://www.cap4kids.org)**

Many employment resources on this extensive website.

# FOOD PROGRAMS & PANTRIES

You can apply for emergency or regular food stamps at the locations below or any Division of Family Services office in the city or county of St. Louis. For information about the Food Stamp (SNAP) program and free application screening, visit: [www.dss.mo.gov/fsd/fstamp](http://www.dss.mo.gov/fsd/fstamp).

## EMERGENCY FOOD STAMPS/SNAP PROGRAM

[www.dss.mo.gov/fsd/fstamp](http://www.dss.mo.gov/fsd/fstamp).

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

Post office boxes available where mail can be received.

## HUNGER HOTLINE

**Operation Food Search 314-726-5355 EXT. 3**

This organization provides an automated list of food pantries by zip code. You'll be directed to put in your zip code, and they'll give a list of all of the pantries in your area. Have a pen and paper ready. They'll give lots of information.

## MEALS ON WHEELS

314-612-5918

Must be over 60 or disabled.

## EMERGENCY FOOD

St. Louis offers a variety of places to go for emergency food. We've listed some of them by zip code. Times can change so, if possible, call first.

### 63101

#### SHAMROCK CLUB AT ST. PATRICK'S CENTER

800 N. Tucker 63101 314-802-0700

Lunch: Monday-Friday 12:00 pm-1:00 pm

### 63103

#### NEW LIFE EVANGELISTIC CENTER

1411 Locust 63103 314-421-3020

Lunch every day: 11:00 am-12:30 pm

Sandwiches at the door every evening: 5:00 pm-6:00 pm

Dinners are for residents only.

Free clothing every day: 10:00 am-12:00 pm.

## **THE BRIDGE OUTREACH**

**1610 Olive St. 63103**

**www.bridgestl.org 314-421-3136**

The Bridge shares space with Centenary United Methodist Church, two blocks west of the downtown library. Open hours: Monday-Thursday 6:30 am-6:00 pm, and Friday 6:30 am-2:00 pm. This drop-in center is open every weekday.

## **SOCIETY OF ST. VINCENT DE PAUL**

**100 N. Jefferson Ave. 63103**

**www.svdpstl.org 314-881-6000**

Sandwiches at the door Monday-Friday 9:00 am-4:30 pm.

## **CHRIST CHURCH CATHEDRAL**

**1210 Locust 63103**

**314-231-3454**

Breakfast every Saturday 7:30 am-8:30 am.

## **FATHER DEMPSEY'S HOME**

**3427 Washington 63103**

**314-535-7221**

Soup line and snacks, Monday-Friday 12:00 pm-12:45 pm. (See the housing section of this book for information about the transitional housing for men available at this location.)

**63104 and 63118**

## **CHAPEL FOR THE EXCEPTIONAL**

**3436 Winnebago (at Tennessee) 63118**

**314-776-7172**

Lunch/soup kitchen: Monday-Friday 12:00 pm-12:30 pm.

Food pantry: Monday and Friday when available 2:00 pm-2:30 pm.

Call first if possible. Clothing every day. Furniture when available at no cost.

## **GUARDIAN ANGEL/HOSEA HOUSE**

**2635 Gravois 63118**

**www.gasastl.org 314-773-9027**

Call to make an appointment for their shopping style food pantry. Weekdays 9:00 am-4:30 pm. 63104 and 63118 only.

## **JOINT NEIGHBORHOOD MINISTRIES**

**2911 McNair 63118**

**www.jnministry.org 314-771-3987**

Monday, Wednesday, Friday 9:30 am-12:00 pm

Call first. Other programs available.

**ISAIAH 58 MINISTRIES****2149 South Grand 63104****314-776-1410**

Provides help with clothing and is also a food pantry. Serves area between Chouteau and Chippewa, and between Jefferson and Kingshighway.

Tuesday-Thursday 10:00 am-1:00 pm.

**SOUP ALLEY/TRINITY LUTHERAN CHURCH****812 Soulard Ave. 63104 314-231-4092**

Noodles and other food distributed Monday-Friday 9:00 am-10:30 am and Saturday 10:00 am-11:00 am. In the Alley. Bags of groceries are available on Fridays 9:00 am-10:30 am.

**STS PETER AND PAUL CATHOLIC CHURCH****1919 S 7th St. 63104****www.ppcsinc.org 314-231-9923**

Lunch: 2nd-21st of each month and every Saturday and Sunday, 12:00 pm-12:45 pm. Dinner: 2nd -21st of each month. Monday-Friday 5:00 pm-5:45 pm.

**ST. VINCENT DE PAUL CATHOLIC CHURCH****1408 S. 10th Street 63104****314-231-9328**

Lunch: Monday-Saturday 11:00 am-1:00 pm. Coffee and sandwiches: Sundays 10:15 am-11:15 am. Dinner the 22nd to the 1st of the month: 5:00 pm-6:00 pm.

**63105****SAINT LOUIS BREAD COMPANY CARES COMMUNITY CAFE****10 S. Central 63105****314-725-9666**

Pay what you choose for any item on their menu.

**63106****GATEWAY 180****1000 North 19th St. 63106****www.gateway180.org 314-231-1515**

Brown bag lunches all day Monday-Friday.

**KAREN HOUSE****1840 Hogan 63106****www.karenhousecw.org 314-621-4052**

Cold sandwiches every day, all day. Lunch: Monday, Wednesday, Friday 12:30 pm-3:30 pm.

**PEOPLE'S CENTER****2012 Martin Luther King Dr. 63106****www.pcacstl.org 314- 269-5210 Main**

Call for food pantry hours and other services.

**63108**

**TRINITY EPISCOPAL CHURCH**

**600 North Euclid Ave. 63108**

**314-361-4655**

Hot meal every Sunday 2:00 pm. Food pantry every Tuesday-Thursday 1:30 pm-3:00 pm. Need to register first so bring a social security card for each member of the family.

**PILGRIM CONGREGATIONAL/UNITED CHURCH OF CHRIST**

**826 N. Union 63108**

**314-367-8173**

Lunch: Wednesday 12:00 pm-1:00 pm. Food Pantry every first and third Wednesday 10:00 am-11:30 am.

**63111**

**PEOPLE'S CENTER SOUTH CITY**

**6827 S. Broadway 63111**

**www.pcacstl.org 314-353-1457**

Call for food pantry hours.

**ST. TRINITY LUTHERAN CHURCH**

**517 Koeln 63111**

**314-353-3276**

Food pantry Monday, Wednesday, Saturday 9:00 am-11:00 pm.

**63112**

**PEOPLE'S CENTER COOK ELEMENTARY SCHOOL**

**5935 Horton Pl. 63112**

**www.pcacstl.org 314-862-6270**

Call for food pantry hours.

**ST. AUGUSTINE CATHOLIC CHURCH (FATHER BOB'S)**

**1371 Hamilton Ave. 63112**

**314-385-1934**

Food pantry and clothing: Monday-Friday 9:30 am-11:00 am. Utility assistance starts 6:00 am. Dinner: last five working days of the month 4:00 pm-5:00 pm.

**63113**

**WEST SIDE MISSIONARY BAPTIST CHURCH**

**4675 Page Boulevard 63113**

**314-535-9002**

Dinner: Monday, Wednesday, Friday 5:30 pm-6:30 pm. Food pantry: Tuesday, Wednesday, Thursday 11:00 am-1:00 pm.

**63115****St. Louis Dream Center****4324 Margaretta Ave. 63115****www.stldreamcenter.org 314-381-0700**

Food pantry: Monday, Tuesday, Wednesday, and Friday: 10:00 am-12:00 pm, and 1:00 pm-3:00 pm. Saturday: 11:00 am-1:00 pm. Sunday: 10:30 am-11:00 am and 12:30 pm-1:00pm.

**KOSSUTH CHURCH OF GOD IN CHRIST****3225 North Taylor Ave. 63115****314652-4163**

Food Pantry Thursday 8:30 am-10:00 am.

**ALL SAINTS EPISCOPAL CHURCH****5010 Terry 63115****314-367-2314**

Call the church for information on meals, food, and other aid.

**63118****ST. ANTHONY'S CHURCH****3140 Meramec St. 63118****314-352-1460**

Food and clothing Monday and Thursday 10:00 am-Noon, and Wednesday 4:30 pm-6:00 pm. Legal assistance on the 4th Thursday of the month. Call for appointment.

**63119****WEBSTER-ROCK HILL MINISTRIES****111 Waymire 63119****314-961-5082**

Monday-Friday 8:30 am-11:30 am.

**63125****Feed My People****171 Kingston Dr. 63125****314-631-4900**

Monday-Friday 9:00 am-3:00 pm. Saturday 9:00 am-12:00 pm.

**63088****CIRCLE OF CONCERN****112 St. Louis Ave. Valley Park****636-861-2623**

Primarily a food pantry, but emergency assistance for utilities, prescriptions, rent, is sometimes available. They serve Parkway, Rockwood & Valley Park School Districts.

# HOUSING: SHELTERS FOR MEN

**A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101**

## **NEW LIFE EVANGELISTIC CENTER (NLEC)**

**1411 Locust St. 63103**

**[www.newlifeevangelisticcenter.org](http://www.newlifeevangelisticcenter.org) 314-421-3020**

NLEC is one of the very few walk-in shelters in the area. You do NOT need a Housing Resource Center referral to stay there.

## **PETER & PAUL COMMUNITY SERVICES**

**1025 Park (Soulard) 63104**

**[www.ppcsync.org](http://www.ppcsync.org) 314-588-7111 (Main number)**

Assists homeless and near-homeless single men. 60-bed year-round emergency shelter, a 20-bed year-round transitional program, meals, showers, lockers, medical referrals, living skills classes, and case management. **The shelter is located 816 Allen, but you need a referral from the Housing Resource Center to get in.** Go to 800 N. Tucker early in the morning to see if they have beds available that night.

## **SALVATION ARMY ADULT REHAB CENTER**

**3949 Forest Park Ave. 63108**

**314-678-5500**

Provides residential treatment and work in addition to group and individual therapy in a clean, wholesome environment.

## **SALVATION ARMY HARBOR LIGHT**

**3010 Washington 63103**

**314-652-3310**

Note: This shelter closed in the summer of 2013. The building is now operating as a detox/rehab center. See page 44 for details.

## **SUNSHINE MINISTRIES**

**1520 N. 13th St. 63106**

**[www.sunshineministries.org](http://www.sunshineministries.org) 314-231-8209**

Admission to the shelter is on a first-come, first-served basis. A guest may keep his bed for as many nights as he needs it, as long as he abides by the shelter rules.

# HOUSING: SHELTERS FOR WOMEN

**A HOUSING RESOURCE CENTER referral is required by most (but not all) of the shelters and transitional housing providers in this book. Call 314-802-5444 or go directly to 800 N. Tucker 63101**

## BRIDGEWAY

[www.bridgewaycounseling.com](http://www.bridgewaycounseling.com)

Bridgeway operates the only two emergency safe shelters and outreach centers in St. Charles and Lincoln Counties for women and children who are victims of domestic violence.

### St. Charles County

**The Women's Center in St. Charles**

**24-Hour Toll-Free Crisis Line 877-946-6854**

### Lincoln County

**The Terry L. Robertson Center in Troy**

**24-Hour Toll-Free Crisis Line 877-462-1758**

## GATEWAY 180: HOMELESSNESS REVERSED

**1000 North 19th St. 63106**

[www.gateway180.org](http://www.gateway180.org) **314-231-1515**

The shelter provides emergency shelter services designed to get families into transitional or permanent homes in under 30 days. The shelter has 110 beds and provides comprehensive support services targeted to meeting its clients' specific needs. The organization works with Grace Hill and Washington University to provide health services.

## HAVEN OF GRACE

**1225 Warren 63106**

[www.havenofgracestl.org](http://www.havenofgracestl.org) **314-621-6507**

Residential facility that assists homeless, pregnant women with shelter, goal-setting, education, employment, parenting, household management, and permanent residence.

## KAREN HOUSE

**1840 Hogan St. 63106**

[www.karenhousecw.org](http://www.karenhousecw.org) **314-621-4052**

Karen House is a Catholic Worker house of hospitality for homeless women and children. Although they work with the Housing Resource Center, they do accept walk-ins, based on availability. Call ahead for space.

## KATHY WEINMAN CENTER

[www.keepingkidsfirst.org](http://www.keepingkidsfirst.org) **314-423-1117**

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. Follow-up supportive services available. St. Louis County operates this shelter.

## **LYDIA'S HOUSE**

**www.lydiashouse.org 314-771-4411**

Community and faith-based domestic violence education, transitional housing, crisis intervention, court advocacy, support groups for women and children, case management.

## **NEW LIFE EVANGELISTIC CENTER**

**1411 Locust 63103**

**www.newlifeevangelisticcenter.org 314-421-3020**

HRC referral NOT required. They will take women and children.

## **OUR LADY'S INN**

**www.ourladysinn.org**

**St. Louis: 4223 South Compton 63111 314-351-4590**

**St. Charles: 3607 Highway D, Defiance 63341 636-398-5375**

Emergency maternity shelter for pregnant women, 18 and older and their minor children.

## **PLACES FOR PEOPLE**

**4130 Lindell Blvd. 63108**

**www.placesforpeople.org 314-535-5600**

Supportive emergency shelter and transitional housing for mentally ill adults, including homeless outreach programs.

## **QUEEN OF PEACE CATHEDRAL TOWER**

**325 N. Newstead 63108**

**www.qopcstl.org 314-531-0511**

Offers a 21 day drug treatment program for women as well as other services. Works with St. Phillipine's to provide housing.

## **ROOM AT THE INN**

**3415 Bridgeland Dr. 63044**

**www.roomstl.org 314-209-9198**

St. Louis County immediate, temporary, emergency shelter system for women and families, regardless of age or gender of the children. Churches provide locations. **A Housing Resource Center (HRC) referral is required.**

## **SALVATION ARMY FAMILY HAVEN**

**10740 West Page Ave. 63132**

**www.stlsalvationarmy.org 314-423-7770**

Will take families, but no single men. 120-day emergency shelter and resources.

**If you are in danger and need assistance, call the National Domestic Violence Hotline and they can connect you to resources in your area 24 hours a day, 7 days a week:  
800-799-SAFE (7233)**

**SHALOM HOUSE****1040 S Taylor 63110****[www.shalomhousestl.org](http://www.shalomhousestl.org) 314-534-1010**

The Shalom House 90-day, 25-bed provides emergency shelter for women suffering from persistent mental illness and/or chemical dependency. Shalom House also provides longer term transitional housing and various supportive services

**ST. MARTHA'S HALL****[www.saintmarthas.org](http://www.saintmarthas.org) 314-533-1313**

St. Martha's Hall is a confidential shelter for abused women and their children only. Services include individual and group counseling, legal advocacy, information, referral, and follow up. Clients must be female victims of domestic violence, 18 years old and up. The Hall does not admit males older than 13 years of age. Stays can be up to four months.

**ST. PATRICK PARTNERSHIP CENTER****800 North Tucker 63101****[www.stpatrickcenter.org](http://www.stpatrickcenter.org) 314-802-0700**

St. Patrick Center offers a limited number of beds for mentally ill women.

**ST. PHILLIPINE EMERGENCY SHELTER****1015 Goodfellow 63112****314-454-1012**

They do not require a referral from HRC, but accept people who have gone through a program for drug rehab through Queen of Peace 60-day shelter, referrals to transitional housing.

**WEINMAN CENTER****[www.keepingkidsfirst.org](http://www.keepingkidsfirst.org) 314-423-1117**

Temporary, emergency shelter, court advocacy, professional therapy for women and children, support groups. Follow-up supportive services available. St. Louis County operates this shelter.

**WOMEN'S SAFE HOUSE****[www.twsh.org](http://www.twsh.org) 314-772-4535 (24-hour crisis hotline)**

A shelter for battered women and their children. Services include legal advocacy, housing referrals, support groups, children's programs, and limited transportation. Utilizes restorative justice practices.

**ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE:****877-928-2929**

**Childrens Advocacy Center - UMSL  
314-516-6798 or visit the website: [www.stlouiscac.org](http://www.stlouiscac.org).  
Counseling for children who have experienced abuse  
and other forms of trauma.**

# HOUSING: TRANSITIONAL

Most programs require a referral from the Housing Resource Center. Call 314-802-5444 to get the process started.

## **ALMOST HOME**

**3200 St. Vincent 63104**

**[www.almosthomestl.org](http://www.almosthomestl.org) 314-771-4663**

Almost Home is a transitional residence for teenage mothers with up to two children. The program is nine months long and may be extended.

## **BEYOND HOUSING**

**4156 Manchester 63110**

**[www.BeyondHousing.org](http://www.BeyondHousing.org) 314-533-0600**

Supportive rental housing leading to home ownership in many cases. Also, programs to prevent foreclosure.

## **CENTER OF WOMEN IN TRANSITION**

**7529 South Broadway 63111**

**314/771-5207 [www.cwitstl.org](http://www.cwitstl.org)**

The Center works with women who are re-entering the area after incarceration. CWIT is a comprehensive program to help women move from crisis to stability and self-sufficiency. They operate two transitional housing facilities in South St. Louis.

## **COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASLC)**

**2709 Woodson Rd. Overland 63114**

**[www.caastlc.org](http://www.caastlc.org) 314-863-0015**

CAASTLC has comprehensive housing assistance programs which include home ownership, housing counseling, and rent or mortgage assistance.

## **CRIMINAL JUSTICE MINISTRY**

**941 Park Ave. 63104**

**[www.cjmstlouis.org](http://www.cjmstlouis.org) 314-652-8062**

**IMPORTANT:** The best chance of being accepted to these programs is to contact them at least 6 months before your release date, but parole officers can also refer once you are in the St. Louis area.

### **Release to Rent for Veterans**

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

### **Release to Rent**

Up to a year of supportive housing for men completing long-term sentences who can work full time and are without community support.

**DOORWAYS****4385 Maryland Ave. 63108****[www.doorwayshousing.org](http://www.doorwayshousing.org) 314.535.1919**

Provides housing and related supportive services to improve quality of life and health outcomes for people affected by HIV/AIDS.

**FATHER DEMPSEY'S HOME****3427 Washington 63103****[www.archstl.org/fatherdempseyscharities](http://www.archstl.org/fatherdempseyscharities) 314-535-7221**

Partially furnished apartments from \$260 per month for older men. Some meals are provided. Call for availability.

**HARRIS HOUSE****8327 S. Broadway 63111****[www.harrishouse.org](http://www.harrishouse.org) 314-631-4299**

Harris House provides alcohol and drug rehab services to men and women age 18 and above, including a transitional housing program that provides subsidized housing for up to one year, with separate male and female residences.

**HILLJACK HOUSE****[www.hilljackhouse.org](http://www.hilljackhouse.org) 314-255-3964**

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

**HOMELESS VETERANS PROGRAMS****515 N Jefferson Ave. 63103****[www.va.gov/homeless](http://www.va.gov/homeless) 314-652-4100 Ext. 55460**

Provides intake, assessment, referral, counseling, consultation for rehabilitative services, and residential placement. Call for more information about this expanding program.

**KAREN HOUSE****1840 Hogan St. 63106****[www.karenhousecw.org](http://www.karenhousecw.org) 314/621-4052**

Karen House is a Catholic Worker house of hospitality for homeless women and children. Although they work with the Housing Resource Center, they do accept walk-ins.

**MARYGROVE****2705 Mullanphy Lane Florissant 63031****[www.marygrovechildren.org](http://www.marygrovechildren.org) 314-830-6201**

Transitional housing and crisis care for children who are in need of emergency care due to homelessness, potential abuse/neglect, parental stress, family illness, incarceration of a parent/guardian, etc.

## **OXFORD HOUSE**

**2715 Osage St. 63118**

**[www.oxfordhouse.org](http://www.oxfordhouse.org) 314-772-6771†**

National, self run, self supported, addiction recovery houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area. Call or check their websites under Houses/Directory to find Missouri locations.

## **PETER & PAUL COMMUNITY SERVICE**

**1025 Park (Soulard) 63104**

**[www.ppcsinc.org](http://www.ppcsinc.org) 314-588-7111 (Main number) 314-621-5520**

Candidates for the transitional program must be sober and drug-free for a minimum of 30 days and have a willingness to continue treatment. **Housing Resource Center referral is required. (314-802-5444)**

## **PLACES FOR PEOPLE**

**4130 Lindell Blvd. 63108**

**[www.placesforpeople.org](http://www.placesforpeople.org) 314-535-5600**

In addition to assisting people in renting apartments from private landlords, PfP also owns and manages apartments for people with special needs. Also limited emergency housing, and daytime activities at “The Club.” Places for People recently merged with **Community Alternatives** to provide more services for the mentally ill. Includes a drop-in center.

## **SALVATION ARMY FAMILY HAVEN**

**10740 West Page Ave. 63132**

**314-423-7770**

A 74-bed transitional housing resource for women and children with various programs focused on family stability.

## **STEPPING INTO THE LIGHT MINISTRY**

**1402 Hebert 63107 314-231-5175**

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

## **ST. LOUIS HOPE HOUSE**

**1611 Hodiament Ave. 63112**

**[www.hopehousetl.com](http://www.hopehousetl.com) 314-382-3801**

Hope House offers 50 transitional housing apartments for homeless families, comprehensive social services, family development, vocational and educational counseling, housing placement assistance, on-site living skills classes, and day care center. Clients must be prior St. Louis City residents and in a shelter for 15-30 days or referred by the Housing Resource Center.

**ST. LOUIS HOUSING AUTHORITY****www.slha.org 314-531-4770****Section 8 Waiting List: 314-286-4361****St. Louis County Housing Authority: 314 428-3200**

A Federally funded agency operating independently of city government. Administers low and moderate income public housing programs for the City of St. Louis.

**SUNSHINE MISSION****1520 N. 13th St. 63106****www.sunshineministries.org 314-231-8209**

Call first or just show up. Offers a men's emergency shelter, men's long term rehabilitation program, women's emergency services, food pantry, and youth programming.

**WOMEN'S SAFE HOUSE****P.O. Box 63010 63163****www.twsh.org 24 Hour Crisis Hotline 314-772-4535**

The Women's Safe House is a shelter for battered women and their children. Services include legal advocacy, community speaking and education, housing referrals, support groups, children's programs, and limited transportation.

**YWCA-PHYLLIS WHEATLEY****2711 Locust 63103****314-533-9400 Ext. 227**

The facility provides apartments for single women for up to two years. Personal and career development services include: case management services, GED certification, educational and vocational assessment, counseling, job readiness training, job search and referrals, life skills. Call the above number for admission requirements.

**www.ahl.mhdc.com**

This website lists subsidized or affordable apartments by zip code:

**www.hud.gov**

This is the website for HUD, the Department of Housing and Urban Development.

**www.va.gov/homeless****APARTMENT LISTINGS:****www.craigslist.com****www.socialserve.com or 877-428-8844****CONTINUUM OF CARE TO END HOMELESSNESS**

The Continuum is the coordinating system for more than 50 nonprofit agencies committed to ending homelessness in the St. Louis Area.

To learn more visit **www.hopeismovingin.com**.

# IMMIGRANT SERVICES

## **CASA DE SALUD**

**3200 Chouteau Ave. 63103**

**[www.casadesaludstl.org](http://www.casadesaludstl.org) 314-762-1251**

Comprehensive medical services and referral services, primarily for adults, including preventive and immunizations.

## **CATHOLIC LEGAL ASSISTANCE MINISTRY (CLAM)**

**100 N. Tucker Blvd., Suite 726 63101**

**314-977-3993 (No Walk-Ins)**

CLAM handles many cases involving paternity, orders of protection, guardianship, and abuse. CLAM also offers services for immigrant populations who face challenges in filing governmental documents.

## **CENTER FOR SURVIVORS OF TORTURE & WAR TRAUMA**

**1077 S. Newstead Ave. 63110**

**[www.stlcenterforsurvivors.org](http://www.stlcenterforsurvivors.org) 314-533-4114**

In addition to various forms of counseling and therapy, CSTWT offers survivors and their families an extensive youth program as well as asylum documentation and referrals to address further social service or personal care needs.

## **ENGLISH TO SPEAKERS OF OTHER LANGUAGES (ESOL)**

**Bi-lingual Program-St. Louis Public Schools**

**3125 S. Kingshighway 63139**

**314-776-1686**

## **IMMIGRANT AND REFUGEE WOMEN'S PROGRAM**

**3672B Arsenal St. 63116**

**[www.irwp.net](http://www.irwp.net) 314-771-1104**

Teaches women basic English and practical living skills in their own homes.

## **INTERFAITH LEGAL SERVICES FOR IMMIGRANTS**

**4158 Lindell Blvd. 63108**

**[www.ilsilegal.org](http://www.ilsilegal.org) 314-371-4640**

A non-profit organization that provides affordable immigration legal services.

## **INTERNATIONAL INSTITUTE**

**3654 South Grand Blvd. 63118**

**[www.iistl.org](http://www.iistl.org) 314-773-9090**

This organization offers MANY services for new arrivals to the St. Louis area.

## **INTERNATIONAL WELCOME SCHOOL**

**1530 S. Grand 63104**

**[www.slps.org](http://www.slps.org) 314-664-1066**

Sponsored by the St. Louis Public Schools for immigrant students with limited English or formal education. K-12.

## LEGAL SERVICES

### AMERICAN CIVIL LIBERTIES UNION (ACLU)

4557 Laclede Ave. 63108

[www.aclu-em.org](http://www.aclu-em.org) 314-652-3111

### ARCH CITY DEFENDERS

#### Criminal Defense Attorneys

812 N. Collins Alley 63102

7751 Carondelet Suite 204 Clayton 63105

[www.archcitydefenders.org](http://www.archcitydefenders.org) 1-855-724-2489 Call is toll-free.

Free or low cost holistic legal representation to the St. Louis indigent population, from minor criminal offenses, to landlord-tenant law, to family law issues. They also will represent people facing misdemeanor and felony charges.

### CATHOLIC LEGAL ASSISTANCE MINISTRY

100 N. Tucker Blvd. Suite 726 63101 314-977-3993

Mostly domestic issues, cases involving paternity, orders of protection, guardianship, and abuse. CLAM also offers services for immigrant populations who face challenges in filing governmental documents. No Walk-Ins.

### CRIME VICTIMS ADVOCACY CENTER

#### Aid to Victims of Crime

539 North Grand Blvd., Suite 400 63103

Hotline: 314-652-3623

Legal Assistance: 800-527-1460

### FEDERAL BONDING PROGRAM

#### Department of Economic Development

421 East Dunklin St. P.O. Box 1087 Jefferson City 65102

573-526-8217

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

### GATEWAY LEGAL SERVICES

200 N. Broadway 63102

[www.gatewaylegal.org](http://www.gatewaylegal.org) 314-534-0404

A self funded non-profit organization dedicated to helping the poor, disabled, and consumers. Works with SSI claims, among other things.

### INTERFAITH LEGAL SERVICES FOR IMMIGRANTS

4158 Lindell Blvd. 63108

[www.ilsilegal.org](http://www.ilsilegal.org) 314-371-4640

A non-profit organization that provides affordable immigration legal services to low-income immigrants and their families.

## **LEGAL AID (LEGAL SERVICES OF EASTERN MISSOURI)**

**4232 Forest Park 63108**

**www.lsem.org 314-534-4200**

Legal services in the areas of housing, domestic issues, financial, health, immigration, elderly and many others, including some social services. Call or check website for more locations.

## **LEGAL ADVOCATES FOR ABUSED WOMEN**

**www.laawstl.org 314-664-6699**

Free legal representation at Adult and Child Order of Protection hearings for victims of abuse in seven counties. Many other legal services.

## **LEGAL ASSISTANCE WEBSITES**

**www.courts.mo.gov**

**www.stlcin.missouri.org**

**Attorney General's Office: www.ago.mo.gov**

**Victims of Crime: www.okbemad.org**

**Legal Services of Missouri: www.lsmo.org**

## **JAIL DIVERSION PROGRAM**

**St. Louis City 314-621-5848, Ext. 1023**

## **ST. LOUIS COUNTY FAMILY COURT PROJECT**

**501 S. Brentwood Blvd. 63105**

**314-615-4502**

## **MISSOURI BAR LAWYER REFERRAL SERVICE**

**www.mobar.org 314-621-6681**

### **Public Defender, City**

**1114 Market St. 63101**

**314-340-7625**

### **Public Defender, County**

**100 S Central Ave. Clayton 63105**

**314-615-4778**

### **FREE GOVERNMENT CELL PHONES**

**If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on this website:**

**[www.freegovernmentcellphones.net/states/missouri](http://www.freegovernmentcellphones.net/states/missouri)**

# MENTAL HEALTH

**800-SUICIDE (800-784-2433) or 800-273-TALK (800-273-8255)**

## **ADAPT OF MISSOURI**

**www.adaptusa.com 888-657-3201**

ADAPT of Missouri provides community support and psychosocial rehabilitation for adults living with mental illness.

## **BEHAVIORAL HEALTH RESPONSE**

**www.bhrstl.org 24 hour Crisis Lines 314-469-6644 or 800-811-4760**

Missouri Crisis Hotlines BHR provides the ACI crisis hotline and mobile outreach services for eastern Missouri.

## **BJC BEHAVIORAL HEALTH**

**Administrative Offices, Referrals and Call Center**

**1430 Olive Street, Suite 400 63103**

**www.bjcbehavioralhealth.org 314-729-4004 toll-free: 877-729-4004**

**After hours: 314-469-6644 or toll-free 800-811-4760**

Monday-Friday 8:00 am-5:00 pm. Call or check their website for other locations and more Behavioral Health services.

## **BRIDGEWAY COUNSELING SERVICES**

**www.bridgewaycounseling.com 636-757-2300**

Addictive disorders, sexual assault, domestic violence. Various locations, many programs.

## **COMPREHENSIVE BEHAVIORAL HEALTH CENTER**

**505 South 8th Street East St. Louis, IL 62201**

**618-482-7330 (Office)**

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

## **COMTREA**

**www.comtrea.org 636-931-2700**

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24 hour crisis services.

## **CRIDER HEALTH CENTERS**

**www.cridercenter.org 636-332-6000 or 1-800-574-2422.**

**A variety of behavioral health programs and services.**

St. Charles: 546 First Capital Dr., Suite 1 63301 636-946-4000

Union: 1780 Old Highway 50 East 63084 636-582-8100

Warrenton: 19515 Brune Parkway 63383 636-456-1500

Wentzville: 1032 Crosswinds Ct. 63385 636-332-6000

## **DEPARTMENT OF MENTAL HEALTH**

**[www.dmh.mo.gov](http://www.dmh.mo.gov)**

The Department of Mental Health website includes numerous resources on crisis intervention, drug and alcohol abuse, developmental disabilities, and more.

## **FAMILY RESOURCE CENTER**

**3309 South Kingshighway 63139**

**[www.frcmo.org](http://www.frcmo.org) 314-534-9350**

Prevention and treatment of all forms of child abuse and neglect.

## **HAWTHORN CHILDREN'S PSYCHIATRIC HOSPITAL**

**1901 Pennsylvania Ave. 63133**

**[www.dmh.mo.gov/hcph](http://www.dmh.mo.gov/hcph) 314-512-7800 314-512-7593 (TTY)**

A children's psychiatric hospital that is owned and operated by the Missouri Department of Mental Health. Average length of stay is 6-9 months.

## **HOPEWELL MENTAL HEALTH SERVICES**

**1504 S Grand 63104**

**314-531-1770 Emergency: 314-531-7335**

Provides mental health case management and psychiatric services. On site pharmacy for prescription medications. No walk-ins. Must make appointment

## **HYLAND BEHAVIORAL HEALTH CENTER**

**St. Anthony's Medical Center**

**10010 Kennerly Rd. 63128**

**[www.stanthonymedcenter.com](http://www.stanthonymedcenter.com) 314-525-1000**

In-patient and out-patient psychiatric and chemical dependency services. Multidisciplinary team approach.

## **INDEPENDENCE CENTER**

**Clubhouse: 4245 Forest Park Ave. 63108 314-533-4245**

**Membership, Screening and Enrollment: 314-533-4163**

**Midwest Psychiatry and Community Care: 4219 Laclede Ave. 63108**

**[www.independencecenter.org](http://www.independencecenter.org)**

Assists adults with serious, persistent mental illnesses to live and work in the community.

## **MENTAL HEALTH FIRST AID**

**[www.mentalhealthfirstaid.org](http://www.mentalhealthfirstaid.org) 314-877-6458**

A series of courses, both on-line and in a classroom setting, that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders.

## **METROPOLITAN PSYCHIATRIC CENTER**

**5351 Delmar Blvd. 63112**

**[www.dmh.mo.gov/mpc](http://www.dmh.mo.gov/mpc) 314-877-0501**

Diagnostic and treatment psychiatric care services. Acute forensic psychiatric inpatient services.

**MISSOURI COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE (MCADSV)**

[www.mocadsv.org/](http://www.mocadsv.org/)

Information and resources to support survivors in Missouri.

**MISSOURI INSTITUTE OF MENTAL HEALTH (State Hospital)**

5400 Arsenal St. 63139

[www.mimh.edu](http://www.mimh.edu) 314-877-6401

**NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)**

[www.nami.org](http://www.nami.org)

CIT: Crisis intervention team programs and more.

**PROVIDENT COUNSELLING**

[www.providentstl.org](http://www.providentstl.org) 314-533-8200 for appointments

Provident provides counseling services at five locations throughout greater St. Louis area including Fairview Heights, Illinois. Works with ex-offenders.

**RAVEN**

**Non-Violence Education for Men**

1914 Olive St. 63103

[www.RavenSTI.org](http://www.RavenSTI.org) 314.289.8000

Domestic violence intervention and prevention services.

**SELF HELP CENTER**

8301 Crest Industrial Dr. Affton 63123

314-781-0199

A drop-in center for adults with mental illness. Includes job readiness.

**SLIDING SCALE COUNSELING CENTERS**

Provident Counseling: 314-533-8200

Catholic Family Services: 314-544-3800

Lutheran Family Services: 314-787-5100

**ST. LOUIS EMPOWERMENT CENTER**

**Depression Bipolar Support Alliance (DBSA)**

1908 Olive St. 63103

[www.dbsaempowerment.org](http://www.dbsaempowerment.org) 314-652-6100 Friendship Line: 866-525-1442

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

# RE-ENTRY

## **CALL FOR HELP, INC.**

**9400 Lebanon Rd. East St. Louis, IL 62203**

**www.callforhelpinc.org 618-397-0968**

Multi-service agency responding to crisis situations in the metro East area.

## **COMMUNITY ACTION AGENCY OF ST. LOUIS COUNTY (CAASTL)**

**2709 Woodson Rd. 63114**

**www.caastlc.org 314-863-0015**

Assists residents of St. Louis County meet the terms of their probation and parole, including GED, money management, drug & alcohol, counseling, family development, job readiness and placement.

## **CONNECTIONS TO SUCCESS and DRESS FOR SUCCESS**

**www.connectionstosuccess.org**

**2125 Bissell (no street sign) 63107 314-584-6887**

**(In the Grace Hill building near Grand and Florissant)**

**3000 Little Hills Expressway St. Charles 63301 636-940-8027**

**1701 N 2nd St. St Charles 63301 636-940-8027**

Both organizations provide clothing for job interviews and outfits for starting work before the first paycheck. Also, counseling and job readiness. They work with men and women who have been incarcerated as well as other job seekers. Grace Hill address is for women only. Call to make an appointment.

## **CONSTRUCTION TRAINING SCHOOL OF ST. LOUIS**

**6301 Knox Industrial Dr. 63139**

**www.stl-cts.org 314-644-1525**

An apprenticeship program for various trades, such as carpenters, cement masons, floor layers, laborers, tech prep, and more.

## **CRIMINAL JUSTICE MINISTRY**

**941 Park Ave. 63104**

**www.cjmstlouis.org 314-652-8062**

Works with prison inmates and their families to provide various services. Ask your parole officer to send a referral to CJM Direct Services Criminal Justice Ministry for short-term assistance, including welcome backpacks, bus passes, clothing vouchers, etc.

### **Release to Rent for Veterans**

Limited openings in scattered supportive housing for qualified veterans who are homeless and have a criminal record.

### **Release to Rent**

Up to a year of supportive housing for men completing long-term sentences who can work” who can work full time and are without community support.

**IMPORTANT:** The best chance of being accepted to the rental programs is to contact them at least 6 months before your release date, but parole officers can also refer.

**EDUCATIONAL OPPORTUNITY CENTERS****4495 Forest Park Ave. 63108****314-535-6670**

The Educational Opportunity Centers (EOC) are part of the federally-funded TRIO program and provides free educational counseling to assist individuals in furthering their education beyond high school. Call for an appointment.

**Educational Opportunity Center**

1408 N Kingshighway Blvd., # 107 314-367-8100

4644 Gravois Ave. 314-352-4113

13 N Oaks Plaza 314-385-4005

**East St. Louis, Illinois EOC**

601 James R Thompson Blvd. Building B, Suite 2079 East St. Louis, IL. 62201  
618-482-6931

**EMPLOYMENT CONNECTION****2838 Market St. 63103****www.employmentstl.org 314-333-JOBS (5627)**

Free employment services to ex-offenders and persons who have a barrier to finding and maintaining employment, and to St. Louis area businesses who are seeking qualified job applicants. World of Work (WOW) training is Monday-Thursday, 9:00 am-3:30 pm. Services provided include: GED classes, on-site job fairs, placement services, homeless veterans program, disabled veterans program. Bring ID.

**FEDERAL BONDING PROGRAM (Dept. of Economic Development****421 East Dunklin St. P.O. Box 1087 Jefferson City 65102****573-526-8217**

Provides fidelity bonding insurance coverage to individuals with criminal histories and other high-risk job applicants.

**HUMANITRI****1120 South Sixth St., Suite 120 63104****www.humanitri.org 314-772-7720**

Many housing options for those who are with income but need subsidies or assistance. Humanitri provides full-time chaplains and provides support for prisoner families, and helps inmates improve family relationships. Prisoner Family Bus Transportation. Next Steps-Ex Offender Re-entry Program.

**ISAIAH 58 MINISTRIES****2149 South Grand 63104 314-776-1410**

Computers available between 10:00 am-1:00 pm.

**KAIROS OUTSIDE****P.O. Box 191214 63119****www.koeastmo.org 636-577-4733**

Support for the families of persons who are or have been incarcerated in the country's correctional facilities, and county jails and youth offender programs.

## **LEGAL SERVICES OF EASTERN MISSOURI**

**4232 Forest Park Blvd. 63108**

**314-534-4200 Legal Aid: 800-444-0514**

Free legal services for those who cannot afford an attorney for civil matters, services for those who qualify under income guidelines, preventive legal education programs. Clients seen by appointment Monday-Friday 9:00 am-5:00 pm.

## **LET'S START**

**1408 S. 10th St. 63104**

**www.letsstart.org 314-241-2324**

A comprehensive program for children of incarcerated parents, as well as formerly incarcerated women. Services include transportation to women's prisons for children and weekly support groups.

## **MISSOURI CURE**

**PO Box 116 Ballwin 63022**

**www.missouricure.org www.curenational.org 877-525-CURE (2873)**

Organizes and unites offenders, their families, and others for education and advocacy in criminal justice issues. CURE is an international movement that seeks to reduce crime through reform of the criminal justice system.

## **MISSION GATE PRISON MINISTRY**

**P.O. Box 6644 Chesterfield 63006**

**www.missiongateministry.org 636-391-8560**

Christian-based Aftercare Program that is available to ex-inmates. There are men's, family and women's residences available in various parts of town.

## **MISSOURI DEPT. OF CORRECTIONS**

**www.doc.mo.gov.**

Information about re-entry programs and information that is useful for friends and family of incarcerated persons.

## **NORTH COUNTY COMMUNITY DEVELOPMENT CORP.**

**2483 Alexandria Place Pkwy 63136**

**www.northcountycdc.org 314-867-9160**

Shelter and transitional housing programs to prevent homelessness, including a prison re-entry program.

## **BOONE COUNTY OFFENDER TRANSITION NETWORK**

**www.bcotn.org**

This organization provides a comprehensive directory of services for ex-offenders and others in Central Missouri. The resource directory may be printed out in pdf format. No phone number listed on their website.

## **PARENT LINK**

**www.parentlink.missouri.edu 800-552-8522 Espanol 888-460-0008**

Answers and resources about parenting issues. Support for incarcerated parents.

**PROJECT COPE****3529 Marcus 63115****[www.projcope.org](http://www.projcope.org) 314-389-4804**

This organization starts working with inmates before they are released. Start by writing a letter to the above address to arrange for an interview and possible entry into this successful support program. Project Cope is sponsored by several St. Louis area churches.

**SLACO****5888 Plymouth Ave. 63112****314-361-9406**

SLACO is hosting free Beginner and Advanced Computer Evening classes for Adults. Call for schedule. Basic Computer Skills, Microsoft Office, more.

**ST. LOUIS ALLIANCE FOR RE-ENTRY (STAR)****[www.stlreentry.org](http://www.stlreentry.org)**

A coalition of groups and agencies working to make the re-entry process more successful.

**ST. LOUIS DEPARTMENT OF PUBLIC HEALTH****1520 Market, Room 4050 63103****[www.stlouis-mo.gov](http://www.stlouis-mo.gov) 314-612-5100. Aids Testing and Info: 888-291-AIDS(2437)****US APPRENTICESHIP PROGRAMS****[www.doleta.gov/jobseekers](http://www.doleta.gov/jobseekers)**

This is a very comprehensive website. Apprenticeships are available to ex-offenders. Follow the links to information about skills assessment, training programs, finding a job, and sources of grant money for organizations involved in job training.

**US DEPARTMENT OF JUSTICE RE-ENTRY PROGRAMS****[www.ojp.usdoj.gov](http://www.ojp.usdoj.gov)****[www.nationalreentryresourcecenter.org](http://www.nationalreentryresourcecenter.org)****[www.us.jobs](http://www.us.jobs).**

# STREETWISE

## DREAM CENTER

4324 Margaretta 63115

314-381-0700.

Food pantry: Monday, Tuesday, Wednesday, Friday: 10:00 am-12:00 pm.  
Saturday: 11:00 am-1:00 pm. Free clothing afternoons. Also laundries, haircuts and showers.

## EMERGENCY FOOD STAMPS/SNAP PROGRAM

Info Line: 855-373-4636 Ext. 2

EBT Customer Service Line: 800-997-7777

3101 Chouteau 63103 314-256-7000

4411 N Newstead Ave., 3rd Floor 63115 314-877-2000

Income Maintenance: 314-877-2400

Post office boxes available where mail can be received.

## HORIZON CLUB (Open 24 hours a day)

202 N. 23rd St. 63103

314-436-1733

This 24-hour safe haven offers showers, coffee, access to agencies, computers/internet access, microwave, laundry, lockers, access to transitional housing. Grace Hill nurses are available on Tuesdays from 2:00 pm-3:30 pm. Substance abuse counselors are also available.

## INTERSTATE BLOOD BANK

5121 Delmar Blvd. 63108

[www.interstatebloodbank.com](http://www.interstatebloodbank.com) 314-367-5200

They will pay for donations. Call or check the website for requirements.

## MERS/MISSOURI GOODWILL INDUSTRIES

1727 Locust St. 63103

[www.mersgoodwill.org](http://www.mersgoodwill.org) 314-241-3464

Job opportunities and counseling.

## NATIONAL RUNAWAY CRISIS HOTLINE

24 hour confidential crisis hotline for youth who are runaways or considering running away and their families.

[www.nrscrisisline.org](http://www.nrscrisisline.org) 800-RUNAWAY

## OUTREACH PROGRAM AT THE COLLEGE CHURCH PARISH CENTER

(Lower Level)

3628 Lindell Blvd. just west of Grand 63108

314-977-7308

Call for details on what's required to receive a birth certificate if you are a city resident. Sign in between 8:45 am and 9:30 am on Tuesdays or Wednesdays. Legal clinics 3rd Wednesday of the month starting at 9:15 am.

**PANHANDLING**

Ordinance #67918 relates to panhandling. It is unlawful to engage in aggressive panhandling. Any panhandling is unlawful under the following circumstances:

1. In any public transportation vehicle
  2. Within 50 feet of an automatic teller machine
  3. Within 30 feet of a public building entry
  4. At any sidewalk cafe
  5. Within 50 feet of any school
  6. At any bus stop, train stop or cab stand.
  7. Within 20 feet of any crosswalk.
  8. Within any municipal or government owned building, park, golf course, or playground.
  9. No panhandling after 8:00 pm and before 7:00 am.
- Violation of the ordinance can result in fines, community service, and/or imprisonment.

**RESTROOMS****Christ Church Cathedral at 12th and Locust**

Open Monday-Saturday and restrooms are available, in addition to shelter from inclement weather. Coffee and donuts are served every Saturday morning.

**STATE ID AND BIRTH CERTIFICATES**

**City Hall Room 126 1200 Market St. 63103**  
**314-622-4610**

The Recorder of Deeds Vital Records Office issues certified copies of birth certificate. You may apply for a Certified Birth Certificate either in person or by mail. Cost: \$15.00. Be prepared to provide as many forms of ID as you can.

**TRAVELERS AID**

**702 North Tucker 63103**  
**314-241-5820**

Open Monday-Friday, 9:00 am-5:00 pm

They provide discounted bus fare for people wanting to leave St. Louis.

**[www.dmv.org/mo-missouri/id-cards.php](http://www.dmv.org/mo-missouri/id-cards.php)**

This website will give information about getting a state ID from the Department of Motor Vehicles.

**[www.missouridrugcard.com](http://www.missouridrugcard.com)**

Prescription assistance.

**The Health Centers listed on Pages 6-7 will take people on a walk-in basis with or without health insurance. Most provide dental services.**

**[www.craigslist.com](http://www.craigslist.com)**

**Get many current job listings and more.**

# SUBSTANCE ABUSE TREATMENT

**Alcoholics Anonymous (AA)** [www.aa.org](http://www.aa.org) 314-647-3677

**Cocaine Anonymous (CA)** [www.camissouri.org](http://www.camissouri.org) 314-361-3500

**Narcotics Anonymous (NA)** [www.na.org](http://www.na.org) 314-830-3232

## ASSESSMENT AND COUNSELING SOLUTIONS

4400 S. Lindbergh Blvd. 63127

[www.aandcsolutions.com](http://www.aandcsolutions.com) 314-849-2800

Assessment and Counseling Solutions provides the following services: Drug & Alcohol Addiction. Mix of Mental Wellness and substance abuse services  
Self payment, Privately provided health insurance. Sliding fee scale (fee is based on income and other factors.)

## ASSISTED RECOVERY CENTER OF AMERICA (ARCA)

6651 Chippewa St. Louis 63109

[www.arcamidwest.com](http://www.arcamidwest.com) 314-645-6840

Detox. In-patient, out-patient and transitional living treatment programs.

## BLACK ALCDRUG SERVICE INFORMATION CENTER (BASIC)

[www.basicinc.org](http://www.basicinc.org) 314-621-9009

2600 Washington Ave. 63103

3029 Locust St. 63103

Drug and Alcohol Addiction. Substance abuse treatment services.

## BRIDGEWAY COUNSELING SERVICES, INC. (Several Locations)

[www.bridgewaycounseling.com](http://www.bridgewaycounseling.com) 866-758-1152

St. Louis City Center 314-535-5246

St. Charles Center 636-757-2300

Medically-Assisted Detoxification. Comprehensive services in the areas of addiction, sexual assault, domestic violence, recovery, mental health, adolescent outpatient. Located in St. Louis, St. Charles, and Lincoln Counties. Their comprehensive website gives phone numbers, maps, locations information about services.

## CENTER FOR LIFE SOLUTIONS, INC.

637 Dunn Rd., Suite 180 63042

[www.centerforlifesolutions.org](http://www.centerforlifesolutions.org) 314-731-0100

**Crisis Intervention Hotline: 314-302-6728**

CSTAR, Medication-Assisted and Methadone Treatment Programs. Medical evaluations and referral services targeted to the opiate user. Individual, family and group therapy. Medicaid and private pay patients.

## CENTERPOINTE HOSPITAL

5931 Highway 94 S. St. Charles 63303

636-441-7300

Dual diagnostic treatment. Adolescent outpatient.

**CENTREC CARE, INC.**

1030 Woodcrest Terrace Dr. 63141  
[www.centrecare.com](http://www.centrecare.com) 314-205-8068

Drug & Alcohol Addiction, Detox, Buprenorphine Treatment. Special Programs. Teenagers, persons with co-occurring mental and substance abuse disorders. Self payment. Privately provided health insurance, military insurance.

**COMMUNITY SERVICES OF MO**

4456 S. Lindbergh Blvd. 63127  
[www.Dwiprograms.com](http://www.Dwiprograms.com) 314-849-6855

Drug and Alcohol Addiction, Halfway house. Special Programs, DUI/DWI, Rehabilitation. Self payment. Sliding fee scale (fee is based on income and other factors.)

**COMPREHENSIVE BEHAVIORAL HEALTH CENTER**

505 South 8th St. East St. Louis, IL 62201  
618-482-7330 (Office)

Mental health and substance abuse treatment, rehabilitative and social support on a twenty-four hour basis. Works with Alton Mental Health Center.

**COMTREA**

[www.comtre.org](http://www.comtre.org) 636-931-2700

Several Jefferson County and South County locations. Substance abuse treatment services, psychiatric services, individual and group therapy, and special programs for domestic violence, as well as 24 hour crisis services.

**GIBSON RECOVERY CENTER**

1112 Linden Cape Girardeau 63703  
[www.gibsonrecoverycenter.org](http://www.gibsonrecoverycenter.org) 573-332-0416

In and outpatient drug and alcohol treatment for many southeast Missouri communities.

**HARRIS HOUSE**

8327 S. Broadway 63111  
[www.harrishouse.org](http://www.harrishouse.org) 314-631-4299

Drug & Alcohol Addiction. Halfway house, Women, Men. Self payment.

**HILLJACK HOUSE**

[www.hilljackhouse.org](http://www.hilljackhouse.org) 314-255-3964

Supportive sober apartment living in south city buildings for men and women trying to overcome substance addictions. Call or view their website for more information.

**HOPEWELL CENTER**

1504 S. Grand 63104  
314-531-1770

Operates psychosocial rehabilitation and a comprehensive psychiatric rehabilitation centers for adults and youth.

## **METROPOLITAN PSYCHIATRIC CENTER OF ST. LOUIS**

**5351 Delmar Blvd. 63112**

**[www.dmh.missouri.gov/mpc](http://www.dmh.missouri.gov/mpc) 314-877-0500**

Detox. Persons with co-occurring mental and substance abuse disorders, State or Government financed insurance. Forensic programs.

## **NEW BEGINNINGS CSTAR INC**

**1408 N. Kingshighway. 63113**

**[www.newbeginningscstar.com](http://www.newbeginningscstar.com) 314-367-8989**

Drug & alcohol addiction services. Teenagers, women, DUI/DWI rehabilitation, criminal justice clients.

## **OXFORD HOUSE**

**2715 Osage St. 63118**

**[www.oxfordhouse.org](http://www.oxfordhouse.org) 314-772-6771†**

National, Self Run, Self Supported, Addiction Recovery Houses. Clients age 21 and older are eligible for subsidized rent and meals in separate buildings and programs for men and women. There are additional locations throughout the area. Call or check their websites under Houses/Directory to find Missouri locations.

## **PLACES FOR PEOPLE**

### **Community Reinforcement Approach (CRA)**

**4130 Lindell 63108**

**[www.placesforpeople.org](http://www.placesforpeople.org) 314-535-5600**

Comprehensive substance-abuse treatment program to assist in the recovery process. Walk-ins welcome at Welcome Center Monday-Friday 9:00 am-12:00 pm.

## **PREFERRED FAMILY HEALTHCARE, INC. (Several locations)**

**3800 S. Broadway 63118**

**[www.pfh.org](http://www.pfh.org) 314-772-2205**

A comprehensive behavioral health non-profit organization offering substance abuse treatment, prevention, and mental health services throughout Missouri and Kansas including eight locations in St. Louis and the Metro area. Sliding fee scale (fee is based on income and other factors), Payment assistance.

## **PROVIDENT, INC.**

**6555 Chippewa 63109 and 2650 Olive St. 63103**

**[www.providentstl.org](http://www.providentstl.org) 314-898-0101**

Mix of Mental Wellness and substance abuse services. Medicaid, Medicare, State or Government financed insurance (other than Medicaid.)

## **QUEEN OF PEACE CENTER**

**325 N. Newstead St. 63108**

**[www.qopcstl.org](http://www.qopcstl.org) 314-531-0511 Ext. 1**

Drug & alcohol addiction services, halfway house. Persons with co-occurring mental and substance abuse disorders, Pregnant/postpartum women.

**SALVATION ARMY ADULT REHAB CENTER**

3949 Forest Park Blvd. 63108

314-535-0057

Men's non-clinical residence rehab for chemical dependency

**SALVATION ARMY HARBOR LIGHT CENTER**

3010 Washington St. Louis 63103

314-652-3310

Drug and alcohol addiction, detox and rehab programs up to 21 days.

**SAMHSA: SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION**

[www.samhsa.gov](http://www.samhsa.gov) [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

**Suicide Prevention Lifeline 800-273-TALK (8255)**

A comprehensive website that provides a treatment locator and many other resources and services.

**SOUTHEAST MISSOURI BEHAVIORAL HEALTH**

Many locations listed on their website. Professionals dedicated to individualized drug and alcohol treatment. Admissions accepted 24 hours a day, 7 days a week, including holidays.

[www.semoctc.org](http://www.semoctc.org) 800-455-5749

**VETERANS AFFAIRS MEDICAL CENTER**

Jefferson Barracks Division

#1 Jefferson Barracks Dr. St. Louis 63125

**Crisis Line: 1-800-273-8255 Press 1. 314-894-6693**

Mental health and treatment.

**STEPPING INTO THE LIGHT MINISTRY**

1402 Hebert 63107

314-231-5175 or 314-213-4697

90-day residential treatment program for drug and alcohol abuse. First 30-days probationary/in-house. Can be walk-in or referral. Call first if possible.

**ST. LOUIS EMPOWERMENT CENTER**

Depression Bipolar Support Alliance (DBSA)

1908 Olive Street 63103

[www.dbsaempowerment.org](http://www.dbsaempowerment.org) 314-652-6100 **Friendship Line: 866-525-1442**

A drop-in center for mental health and substance abuse recovery self-help meetings. Open 365 days a year 9:00 am-3:00pm. Lunch daily. Many support groups, programs and employment classes.

### **ST. LOUIS METRO TREATMENT CENTER**

**9733 St. Charles Rock Rd. Breckinridge Hills 63114**

**www.methadonetreatment.com 314-423-7030**

Outpatient clinic specifically designed for persons addicted to the opioid class of drugs, including prescription pain medications and heroin.

### **ST. LOUIS VALLEY HOPE**

**12777 Olive Blvd. 63141 314-514-9220 or 800-544-5101**

**Boonville: 1415 Ashley Road Boonville 65233-0398 660-882-6547**

**www.valleyhope.org**

Drug and alcohol addiction services. Individualized treatment and variable lengths of stay Residential and out-patient. Self payment. Privately provided health insurance. Sliding scale.

### **ST. LOUIS VETERANS AFFAIRS MEDICAL CENTER**

**915 N. Grand St. 63106**

**www.va.gov 314-652-4100 Ext. 5**

Drug and alcohol addiction, detox, methadone services, methadone, detox. halfway house, Buprenorphine Treatment.

### **ST. PATRICK CENTER**

**800 N. Tucker Blvd. 63101**

**www.stpatrickcenter.org 314-802-0693**

Drug & Alcohol Addiction services and Shamrock Club.

### **TEEN CHALLENGE OF ST. LOUIS**

**2650 Appletree Acres Ln. High Ridge 63049**

**www.teenchallengestl.com 636-677-1776**

Drug Addiction Treatment. Part of the network of over 180 Teen Challenge centers across the U.S.

### **WEST END CLINIC, INC.**

**5736 W. Florissant Blvd. 63120**

**314-381-0560**

Drug and alcohol addiction, methadone services. Sliding fee scale (fee is based on income and other factors). Payment assistance.

**for VETERANS****HOPE RECOVERY CENTER****515 North Jefferson Ave. 63103****314-652-4100 Ext. 55460**

A transitional, outpatient center that includes several mental health and work programs in one new place.

**EMPLOYMENT CONNECTION****2838 Market Street 63103****www.employmentstl.org 314-333-JOBS (5627)**

Homeless Veterans Reintegration Program Job placement services and housing. Supportive Services for Veterans' Families. Rental assistance, deposits, utilities, etc. Supportive Housing (Project Homecoming). The veterans' coordinator can give you more information.

**MY NEXT MOVE FOR VETERANS****www.mynextmove.org****PERSONAL CARE HOME HEALTH SERVICES****Veterans Benefit Program****1221 Locust St. Suite 550 63103****314-664-1100**

In-home assistance for veterans and families with medical conditions. Call for more information.

**PROJECT HERO****314-802-0700 or 314-802-8423**

St. Patrick Center operates Project HERO (Housing, Employment, Recovery, Opportunities). Call for information about downtown apartments

**RELEASE TO RENT FOR VETERANS****Criminal Justice Ministry****941 Park Ave. 63104****www.cjmlouis.org 314-652-8062**

Limited openings in scattered supportive housing for veterans who are homeless and have a criminal record.

**REGIONAL ALLIANCE FOR THE TROOPS****www.rafft.org 314-432-8200 Ext. 4167**

A website devoted to providing military members, their families and veterans with resources all in one location.

**SUICIDE PREVENTION HOTLINE****800--273-TALK (8255) Press 1 for veterans**

## **THE MISSION CONTINUES**

**1141 South 7th Street 63104**

**[www.missioncontinues.org](http://www.missioncontinues.org) 314-588-8805**

Various programs, projects, job openings and fellowships for returning veterans.

## **VA MEDICAL CENTER**

**[www.stlouis.va.gov](http://www.stlouis.va.gov)**

**800-228-5459 314-652-4100 Ext. 53772**

**314-289-6418 (Methadone Clinic)**

**John Cochran Division: 915 North Grand Blvd. 63106**

**Jefferson Barracks Division: #1 Jefferson Barracks Dr. 63125**

## **Veterans Benefits and other VA information: 800-827-1000**

This website provides addresses, phone numbers, programs, job openings specifically for veterans.

## **VETERAN'S CRISIS LINE**

**[www.veteranscrisisline.net](http://www.veteranscrisisline.net) 800-273-8255 TTY: 800-799-4889**

Connects veterans in crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

## **VET BIZ**

**315 Lemay Ferry Rd. 63125**

**[www.vetbiz.com](http://www.vetbiz.com) 314-531-VETS (9387)**

Assistance is starting or expanding a business includes developing a business plan and sources of funding. Their website has links to many other useful resources.

## **[www.CommunityofVeterans.org](http://www.CommunityofVeterans.org)**

A veterans-only online community.

## **[www.NationalResourceDirectory.org](http://www.NationalResourceDirectory.org)**

A comprehensive website for veterans that includes education, health care, employment, legal support and much more.

**[www.st.louis.va.gov](http://www.st.louis.va.gov)**

**[www.veteransworld.com](http://www.veteransworld.com)**

**[www.va.gov](http://www.va.gov)**

**A website with information from the Department of Veterans Affairs about housing and homelessness:  
[www.va.gov/HOMELESS](http://www.va.gov/HOMELESS) or call 314-289-5500.**

# YOUTH SERVICES

24-Hour Help Line: 636-946-3771

## BJC BEHAVIORAL HEALTH

Administrative Offices, Referrals and Call Center

1430 Olive Street, Suite 400 63103

[www.bjcbehavioralhealth.org](http://www.bjcbehavioralhealth.org) 314-729-4004 toll-free: 877-729-4004

After hours: 314-469-6644 or toll-free 800-811-4760

Monday-Friday 8:00 am-5:00 pm. Call or check their website for other locations and more Behavioral Health services.

## CAP4KIDS (Children's Advocacy Project)

[www.cap4kids.org](http://www.cap4kids.org)

Many services listed, including employment, training health care and housing.

## COVENANT HOUSE

2727 North Kingshighway 63113

[www.covenanthousemo.org](http://www.covenanthousemo.org) 314-533-2241 Toll free: 800-999-9999

Access to shelter, food, clothing, blankets, showers, laundry facilities, information, referrals, and crisis intervention.

## EPWORTH'S YOUTH DROP-IN CENTER

6900 Delmar 1st Floor 63130

[www.epworth.org](http://www.epworth.org) 314-222-4877

24-hour crisis Hotline: 314-727-6294 or 800-899-KIDS(5437)

Open Monday-Friday, 1:00 pm-5:00 pm. Staff will distribute hygiene kits, safe sex kits and food as needed, as well as life skills and recreational activities. (This center relocating to Normandy in March 2014. Call first.)

## KIDS UNDER TWENTY ONE (KUTO)

KUTO Crisis Helpline: 314-644-5886 Toll Free: 888-644-5886

Kids Under Twenty One strives to be a lead agency in utilizing youth and adult partner volunteers in providing crisis prevention, suicide intervention.

## ST. LOUIS COUNTY YOUTH CONNECTION HELPLINE

314-628-2929 or 877-928-2929

## THE SPOT (FOR AGES 13-24)

4169 Laclede 63108

[www.thespot.wustl.edu](http://www.thespot.wustl.edu) 314-535-0413

A drop-in center open Monday-Friday afternoons. Computers, laundry, showers, medical, and more.

## YOUTH IN NEED

[www.youthinneed.org](http://www.youthinneed.org) 636-946-5600 Crisis Hotline: 636-946-3771

Based in St. Charles, with outreach programs in St. Louis City. Many resources on their website. Emergency shelter and transitional housing available.

# MISCELLANEOUS

## **BIG BROTHERS BIG SISTERS**

[www.bbbsemo.org](http://www.bbbsemo.org)

Headquarters: 501 N. Grand Blvd., Suite 100 63103 314-361-5900

St. Charles: 1236 Jungermann Rd., Suite G St. Peters 63376 636-939-2227

Enroll a child or volunteer.

## **CATHOLIC CHARITIES: COMMUNITY SERVICES MIDTOWN**

1202 South Boyle 63110

[www.midtowncc.org](http://www.midtowncc.org) 314-534-1180

Several locations throughout area providing numerous services.

## **CLUB CATHEDRAL**

Tucker and Locust 63103

314-231-3454

Coffee from 8:00 am-11:00 am Saturdays. Restrooms available every day.

## **CRISIS NURSERY**

[www.crisisnurserykids.org](http://www.crisisnurserykids.org) 314-768-3201

Serves parents, with children up to age 12, in poverty without resources.

## **DEPARTMENT OF VETERANS' AFFAIRS**

(VA) 400 South 18th Street 63103

800-827-1000 [www.va.gov](http://www.va.gov)

The VA interviews homeless veterans for service-connected disability or pension benefits, if eligible. Job referral service is available through the Missouri State Employment Service.

## **EPWORTH CHILDREN and FAMILY SERVICES**

110 N. Elm Ave. 63119

[www.epworth.org](http://www.epworth.org) 314-961-5718

Residential and Intensive Treatment. Serves youth ages 11 to 18 who are experiencing an emotional, mental or behavioral crisis. Foster care and transitional housing. Outreach program: 314-222-4877.

## **FOR SMOKERS: Quitline number: 800-QUIT-NOW (800-784-8669)**

## **FREE GOVERNMENT CELL PHONES**

[www.freegovernmentcellphones.net/states/missouri](http://www.freegovernmentcellphones.net/states/missouri)

If you are receiving any form of government benefits or meet income guidelines, you may qualify. There is a list of Missouri providers on the website.

## **GED HOTLINE 800-626-9433**

[www.gedtestingservice.com](http://www.gedtestingservice.com)

Starting in 2014, people who take the high school equivalency exam will face a test that's supposedly tougher and will only be offered via computer.

**JEFFERSON ONLINE INFORMATION NETWORK (JOIN-N)****[www.join-n.org](http://www.join-n.org)**

A comprehensive list of resources and information throughout Jefferson County, including housing and employment services.

**PARENT LINK****[www.parentlink.missouri.edu](http://www.parentlink.missouri.edu) 800-552-8522 En Español: 888-460-0008**

Answers and options regarding parenting concerns. Support for incarcerated parents. The website has many resources.

**PEOPLE'S HEALTH CENTERS****5701 Delmar Blvd. 63112****[www.phcenters.org](http://www.phcenters.org) 314-367-7848**

Provides a wide range of health care and social services. Call or search their website for more information and addresses of locations.

**PLANNED PARENTHOOD****4251 Forest Park Ave. 63108** Main location. (Many others throughout the area.)**[www.plannedparenthood.org](http://www.plannedparenthood.org) 314-531-7526**

To schedule an appointment or for more information, call 800-230-PLAN (7526)  
Many health care services and testing.

**REDEVELOPMENT OPPORTUNITIES FOR WOMEN****[www.row-stl.org](http://www.row-stl.org)****City Office: 306 North Tucker 63101****314-588-8300****County Office: 2709 Woodson Rd. Overland 63114****314-863-0236**

A variety of programs, including housing, for battered women and their children

**ST. LOUIS HELP****[www.stlhelp.org](http://www.stlhelp.org) 314-567-4700**

Health equipment lending program.

**ST. PATRICK PARTNERSHIP CENTER****800 North Tucker 63101****314-802-0700**

The Partnership Center provides home living skills training and open market housing for individuals referred by agencies within the Homeless Services Network. Employment training, child care, GED, and vocational referrals available.

**STD TESTING CENTERS****866-693-4517**

Same day testing for the 8 most common sexually transmitted diseases. Located throughout the greater St. Louis metro region. This phone number provides information about locations and the process.

# MORE PHONE NUMBERS

(All numbers are area code 314 unless otherwise listed)

Aids Testing and Information .....	888-291-AIDS(2437)
Alcoholics Anonymous .....	647-3677
Call For Help Metro East.....	618-397-0968
Casa de Salud.....	762-1250
Central Police Station - St. Louis City .....	444-2500
Clearpoint Credit Counseling Service .....	888-656-2227
County Police - General information .....	889-2341
Family Support Network.....	644-5055
Grace Hill Water Tower .....	898-1717
Hopewell Community Mental Health.....	531-1770
Manpower Temporary Agency.....	241-1356
Metropolitan Psychiatric Center.....	877-0500
Narcotics Anonymous.....	830-3232
New Life Evangelistic Center Shelter .....	421-3020
People's Health Center (Delmar) .....	367-7848
Public Defender - City.....	340-7625
Public Defender - County .....	615-4778
Redevelopment Opportunities for Women .....	588-8300
Safe Connections - For abuse victims.....	531-2003
St. Louis City Justice Center .....	621-5848 Ext. 1044
St. Louis Community College.....	644-5522
Urban League .....	615-3600
VA Medical Center.....	652-4100 Ext. 55460
Veteran's Administration.....	652-4100
Victim Service Council .....	615-4872
Woman's Place - Drop-in for abuse victims.....	645-4848

